



Microneedling Post-Treatment Care

- ❖ You can expect some redness and mild swelling for 48 hours after each session.
- ❖ You should keep the treatment area clean for 48 hours after treatment. This includes washing your hands before touching your face and applying any ointments prescribed by the provider.
- ❖ Avoid wearing makeup for 24 hours after treatment.
- ❖ Avoid strenuous activity for 48 hours after treatment.
- ❖ After treatment, avoid using skin care products containing exfoliants, retinols, and vitamin C for 48 hours.
- ❖ If sunscreen is not a part of your daily skin care routine already, we recommend using SPF 50 and up constantly for the first two-weeks after treatment. Don't forget to reapply sunscreen every two hours.